

Salt world is making a mark in Halotherapy in India

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Bangalore: Salt World is a wellness centre offering natural and drugless therapy to relieve symptoms of respiratory and skin conditions. Salt therapy aka Halotherapy is a holistic treatment which takes place under simulated conditions of a natural salt cave. Dry microscopic salt particles when inhaled access the deepest area of the respiratory tract to cleanse one's lungs of pathogens, smoke residues and pollutants. The therapy also enhances child's immunity and improves endurance.

Aiming at improving the overall health of an individual in a drugless environment, Salt World uses more sophisticated device obtained from UK. The sessions of Salt therapy takes

place in the salt rooms that simulates a natural salt cave environment. Salt World use the state of art technology to provide maximum comfort to their customers. Dry aerosol particles are released into an enclosed room using the Halogenerator. The walls and floors of the room are additionally coated with salt layers to provide a completely sterile environment for healing. The rooms are enriched with salt particles ranging from 0-5 microns. The treatment duration is for about an hour with the relaxed environment where one can read, enjoy the music, relax and breathe easy while receiving the benefits of salt therapy. Having a separate salt session room for children sets salt world apart from the other players. This children's room has everything from toys, puzzles, games, books and television to keep them engaged and make it a fun session for them



Salt World believes in providing responsive and high quality care in a cost-effective manner. With the numerous healing stories of people suffering from Asthma, Bronchiectasis, Allergies, COPD, Sinusitis, Cystic Fibrosis, Cough and Eczema, Salt World has helped people in better breathing, healthier skin, sounder sleep, improved physical fitness and endurance and overall wellness.

Salt World, located at HSR layout in Bangalore is a wellness centre offering natural and drugless therapy to relieve symptoms of respiratory and skin conditions. Aiming at improving the overall health of an individual in a drugless environment, Salt World uses much sophisticated Halogenerator obtained from UK and the member of Salt Therapy



Association (STA), USA. The sessions of Salt therapy take place in the salt rooms that simulates a natural salt cave environment. Salt World uses the state of art technology to provide maximum comfort to their customers. In order to set up a dynamic and controlled room, dry salt aerosol particles of size less than 5 microns are dispersed into an enclosed room using the Halogenerator during the

therapy session. The walls and floors of the room are coated with 5 tons of salt to provide a complete sterile environment for healing as well as to reproduce the microclimate specific to maintain a sterile salt cave. The special ventilators and boosters are being used to exhaust the salt particles outside the salt room at the end of every treatment session. The treatment duration is for about an hour with the relaxed environment where one can read, enjoy the music, relax and breathe easy while receiving the benefits of salt therapy. Having a separate salt session room for children sets Salt World apart from the other players. The children's room has everything from toys, puzzles, games, books and television to keep them engaged and make it a fun session for them. Salt World believes in providing responsive and high-quality care in a cost-effective manner. Despite providing Salt Therapy, Salt World also provides complete package and turnkey solution to open a salt room in any premises like hotel, resort, spa, yoga centre, private home, apartment, hospital, clinic, massage centre, shopping mall, school, pre-school, etc.